



**Virtual PAGPS Spring Workshop**  
April 22, 2023 8:30AM – 12:30PM Eastern Time

**Roll for Wellness 101: Using Role-Playing  
Games across Group Therapy Settings**

3.75 CE credits for Psychologists, Social Workers,  
Marriage & Family Therapists, & Professional Counselors

Presented by **Jacob Glickman, PsyD, MA, LPC**



Tabletop role-playing games (TTRPGs) have emerged as one of the most exciting, new formats for group therapy; however, many clinicians question how to actually implement TTRPGs as part of their practice. In this four hour workshop, Dr. Jacob Glickman (creator of the game *Roll for Wellness*) will highlight the ways that group therapists can take their clinical knowledge and apply it to the world of role-playing, as well as share about the therapeutic potential that such games can offer clients in all settings. This half didactic/half experiential event is intended for all levels of experience with TTRPGs! Handouts will be sent to registrants in advance of the workshop.

*At the conclusion of this program, participants will be able to:*

1. Analyze the historical and cultural foundations of tabletop role-playing games (TTRPGs) to contextualize current academic/therapeutic interest in them.
2. Compare the structure and process of TTRPGs with that of group therapy to demonstrate the potential of TTRPGs as a treatment modality.
3. Translate between common terminology of TTRPGs and their counterparts within clinical theory.
4. Apply existing clinical skills to the new modality of therapeutic TTRPGs as preparation for using TTRPGs in treatment contexts.
5. Demonstrate the ability to read and fill out a character sheet, the fundamental tool in the therapeutic TTRPG process.
6. Assess how TTRPGs can enhance clinical practice as either a part of treatment or the primary treatment modality.

## REGISTRATION INFORMATION

ALL attendees MUST register on our website: <https://www.philadelphiagroupttherapy.com/>  
Payment will be accepted by PayPal above to our website and may also be made by check.

Checks can be made out to PAGPS and mailed to the following address:  
41 East Mount Pleasant Avenue, Philadelphia, PA 19119.

- \$75 member (for a free, one-year first-time membership, see our website: <https://www.philadelphiagroupttherapy.com/>)
- \$100 non-member
- \$25 student rate
- PAGPS Equity Rate is available – please see our website for details

Password for the Zoom meeting will be sent via email the day before the event

**NO ONE WILL BE ADMITTED WITHOUT HAVING REGISTERED**

**PLEASE DO NOT SHARE THE PASSWORD FOR THE ZOOM LINK WITH ANYONE**

Please contact [pagpsgroup@gmail.com](mailto:pagpsgroup@gmail.com) or 610-613-5541 with any questions.

Zoom meeting will open at 8:00 AM, welcome and introductions at 8:15 AM and, because we are issuing CEUs, you must be present for the full four hours with your video feed on, beginning promptly at 8:30 AM.

## ABOUT PAGPS CONTINUING EDUCATION

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level. This program, when attended in its entirety, is available for 3.75 continuing education credits. The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 3.75 CE credits.

Attendees can also receive 3.75 credits toward re-certification for the National Registry of Certified Group Psychotherapists (CGP). PAGPS is committed to accessibility and non-discrimination in its continuing education activities and will conduct its activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. To arrange accommodations for special needs, please contact us at [pagpsgroup@gmail.com](mailto:pagpsgroup@gmail.com).

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organizations, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Philadelphia Area Group Psychotherapy Society ([pagps.org](http://www.pagps.org)), an affiliate of the American Group Psychotherapy Association (<http://www.agpa.org>), provides a forum for the exchange of ideas, theories, studies, research, information, and experience in group psychotherapy. Members come from all over the Philadelphia region, including the city of Philadelphia as well as surrounding areas in Pennsylvania, New Jersey, and Delaware. Members may list their groups on the PAGPS website. For more information about joining PAGPS or renewing your membership, please visit our website at [www.pagps.org](http://www.pagps.org), or e-mail us at [pagpsgroup@gmail.com](mailto:pagpsgroup@gmail.com).